



BEACH YOGA 2019

HOSTED BY KARMA BARRE AND YOGA

Summer Kick Off Classes:

8am Sunday, May 26

8am Monday, May 27

Summer Schedule:

Starting July 6th

Every Saturday and Sunday @ 8am

Extra Classes July 4th Weekend:

***8am Thursday July 4th**

***8am Friday July 5th**

**Classes are at the North End Pavilion in Spring Lake
on Ocean Ave. between Tuttle and Ludlow Ave.'s
\$20 Drop In / \$10 for monthly members**

KARMA BARRE AND YOGA

2405 ROUTE 71, SPRING LAKE HEIGHTS 07762

WWW.KARMABARRE.COM

INFO@KARMABARRE.COM

732 359 8787