

Spring Lake Recreation in conjunction with SST presents:

# SUMMER SOCCER CAMP

Camp will aim to develop each player in the four pillars of the game:

**TECHNICAL**

**TACTICAL**

**PSYCHOLOGICAL**

**PHYSICAL**



## Marucci Park

Monday, August 5<sup>th</sup> – Thursday, August 8<sup>th</sup>

(Friday, August 9<sup>th</sup> - Rain Date)

**Tots Session: 3-4-5 years old**

5:00 pm – 6:30 pm

\$95.00 per player (T-Shirt included)

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**Ages 6-16 Boys & Girls (U7-U17)**

5:00 pm – 8:00 pm

\$150.00 per player (T-Shirt included)



*Soccer Specific Training*

Coaches and trainers at the camp include:

SST's Trainers, Monmouth University Asst. Coaches, Local Men & Women High School Coaches, NJ ODP Staff Coaches

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**REGISTER BEFORE JULY 5<sup>TH</sup> & GET \$15 OFF**

Registration is conducted online at:

<https://register.communitypass.net/springlake>