

SPRING LAKE RECREATION

WATER FITNESS SCHEDULE

Session 1 6/21-7/24

Session 2- 7/26-8/28

SUNDAY

North End Elaine M

8:00-8:45

8:45-9:30

South End Elaine O

8:00-8:45

8:45-9:30

MONDAY

South End Elaine M

8:00-8:45

8:45-9:30

TUESDAY

North End Elaine M

8:00-8:45

8:45-9:30

South End Elaine O

8:00-8:45

8:45-9:30

WEDNESDAY

South End Elaine M

8:00-8:45

8:45-9:30

THURSDAY

North End Elaine M

8:00-8:45

8:45-9:30

South End Elaine O

8:00-8:45

8:45-9:30

FRIDAY

South End Elaine M

8:00-8:45

8:45-9:30